



596X SPEECH NEWSLETTER

WINTER 2024/2025



Expanding on Routines to Promote Language

Now that home and school routines have been established, let's talk about expanding language!



Read

Reading story books is also a great opportunity to promote your child's emotional communication skills!

Read the words and talk about the pictures. You can describe the setting, characters, and even actions. As you talk about different parts of the pictures, make sure to point with your finger so that the child understands what you are referring to.

Website: [596x Book of the Month Read Aloud](https://www.p596x.org/bookofthemoth)
<https://www.p596x.org/bookofthemoth>



Self Talk

Research indicates the children who hear a larger amount of words throughout the day tend to have a larger vocabulary. Talk about what you're seeing, doing, eating, hearing, smelling or touching!

EXAMPLES:
"I AM WASHING MY HANDS"
"I WANT TO DRINK JUICE"

"Plus 1 Rule"

Expand on your child's utterances by adding one word to each time they communicate.



EXAMPLE:
"Cookie" becomes "Yummy cookie"
"Open juice" becomes "Open apple juice"



Give Choices

(child makes choice), suggested caregiver response "oh, you want the BLUE socks!"

Offer choices during mealtime, play time, while picking out clothes, or deciding what activity to do. The idea is to present your child with clear choices decreases stress on the child's communication process.

Winter Activities at Home or Outside to Encourage Communication

Outdoor Activities

Go on a winter scavenger hunt!

Look for winter items or animals like snow on trees, animal tracks and birds!

Play in the Snow!

Go ice skating, sledding, make a snow man or make a snow angel!

Use words to comment, request, label, sequence or describe what your child sees outside



EXAMPLES:
Describe: "THAT PINECONE IS SHARP!"
Sequence: "FIRST WE PUT ON THE HAT, THEN WE PUT ON THE SCARF"
Request: "I WANT STICK"
Comment: "I SEE A BIRD!"



Home Activities

Winter Clothing Dress up!

Dress up a family member, a doll or use the "Dress for the Weather" materials provided by your child's speech therapist (per request) to sequence steps to get ready! Communication opportunities include labeling, requesting or commenting about clothing for winter!



Make Fake Snow!

Snow Ingredients

baking soda
shaving cream
Dish or container (to mix it all up in)



Core Vocabulary for the Snow Activity: I, want, more, stop, my turn, your turn, put in, wet, soft, mix, all done

DIY Snow Directions

Pour the baking soda into a plastic container with a lid. Add some shaving cream, and knead it into the baking soda. Add more shaving cream, mix, and repeat, until the mixture is the consistency of snow.

Upcoming Events

P.S. 596X Holiday Show 2024
Wednesday December 18, 2024
11:00am

Harry S. Truman High School- Auditorium 1st Floor
750 Baychester Avenue
Bronx, NY 10475

Father's Club Meeting
Wednesday January 15, 2025
6:00pm to 8:00pm
P.S. 178 - Room 160

Questions? Suggestions?

Questions? Suggestions for topics? Reach out to Joanne and Lindsay at llopez61@schools.nyc.gov and jlloreto@schools.nyc.gov.

