## D75 FAMILY PEER GROUP

We invite you to attend our D75 Family Peer Groups. This is a great opportunity to obtain resources, learn, share, have fun and make connections with other each other.



Saturday February 8th, 2025



Time 10am-1pm



Location

**400 1st Avenue NY NY 10010** 

## Agenda:

• "Love Languages in Parenting"

Mindful exercises enhancing compassion towards self with activities to explore the five love languages of affirmation, quality time, physical touch, acts of service and receiving gifts. Learn how to understand and speak your child's love language.

"Parenting a Child With A Disability"

One of INCLUDEnyc's family educators will share their experiences parenting and advocating for their child with disabilities.

SPEEK LYFE movement

Activities with the non-profit organization to collaboratively uplift and share the stories of D75 families through music, lyric writing, film production, and promotional art.

Lunch and Childcare will be provided!



REGISTER

https://forms.office.com/r/YSPQyVEGPw

